

Peanut/Nut-Free Snacks* (updated 8/15/17, reviewed by p.h.)

***IMPORTANT:** Due to continual changes in manufacturer packaging and processing, please read the ingredient label of your snack chosen from this list to ensure that it does not contain any of the following... peanuts/nuts, peanut/nut butter, peanut/nut oil, peanut/nut flour, peanut/nut meal, or any of the statements "May contain traces of peanut/nuts" or "Manufactured in a facility that also processes peanuts (and/or other nuts)".

Fruits

All fresh fruit
Dole Fruit Bowls
Del Monte Fruit To-Go Cups
Sun-Maid Raisins (*not chocolate covered*)
Applesauce Cups
Motts Fruit Blasters Applesauce Tubes
Craisins

Vegetables

All Fresh Vegetables Including:
Carrots with Dip
Celery Sticks with Cream Cheese or Dip

Gummy Snacks

(*Not Brachs.*) Only Betty Crocker or Nabisco Fruit, Kelloggs

Snacks including:

Fruit Roll-Ups
Fruit Roll-Up Stackers
Fruit By The Foot
Gushers
Any Fruit snacks by Betty Crocker or Kelloggs
Motts Fruit Snacks
Fiber One Fruit Snacks

Cookies

Nilla Wafers
Oreos & Mini Oreos (*not mint-creme*)
Chips-A-Hoy (*regular only, no minis*)
Bisco Wafers
Teddy Grahams
Pepperidge Farm - Milano, Chessmen, Shortbread
and Sugar Cookies
Keebler - Butter Cookies, Grasshopper Cookies, Bug Bites,
Vanilla Wafers, Grahams Dipping Delights, Scooby Doo
Sticks
Nabisco - Barnum Animal Crackers, Oatmeal & Iced
Oatmeal Cookies, Cameo Cookies, Fig
Newtons, Kool Stuff Strawberry Seas Bars
Hostess Twinkies
Rice Krispie Treats (*plain only*)
Nutri-Grain Apple Cinnamon/Brown Sugar Twists
Poparts – *name brand only, no off-brands/generic*

Salty Snacks

Snyders of Hanover Pretzels
Ruffles Potato Chips
Lays Potato Chips
Fritos
Doritos (*not crackers*)/Dorito Munchie Mix
Cheetos
Tostitos
Sunchips
Pringles (*original only*)
Popcorn - Pop Secret, Orville Redenbacher,
Healthy Choice)

Crackers

Honey Maid - Cinnamon Grahams & Sticks, Honey
Grahams & Sticks
Ritz Crackers (*plain only, not sandwiches*)
Keebler Club Crackers (*original only, not
sandwiches*)
Nabisco Saltines
Sunshine Cheez-Its
Triscuit
Wheat Thins
Wheatables
Toasted Buttercrisps
Pepperidge Farm Cheddar Goldfish (only plain, pretzel
or cheddar. *Not Cinnamon Grahams*)
Sargento- Mootown Crackers & Cheese Dip
Keebler Town House Crackers
Sportz Cheddar Crackers
Kraft Handi-Snacks Crackers with Cheese Dip

Jellos and Puddings

Kraft Handi-Snacks - Wacky Gels, Vanilla & Chocolate
Pudding
Hunts - Juicy Gels, Vanilla & Chocolate Pudding
Jello - Gelatin Cups, X-treme Jello Tubes, Vanilla,
Chocolate & Oreo Pudding
Dole Fruit-n-Gel Bowls
Delmonte Fruit & Gel To-Go Bowls

Frozen Treats

Minute Maid - Juice Bars, Fruit & Cream Swirls,
Frozen Lemonade
Good Humor - Fudgesicles, Popsicles, Fire Crackers,
Great Whites, MicroPops, and Scribblers
Nestle - Ice Creamers Flintstones
Rainbow Sherbet Treats & Juicy Juice Frozen Juice
Pops
Tropicana Fruit Juice Bars
Welch's Fruit Juice Popsicles
Outshine Fruit Bars

Misc.

Cheese
Yogurt (*not soy brands*) - Gogurt, Danimals, etc.
Pizza - Papa Johns, Dominoes, Papa Murphy's, Monical's,
Avanti's
Candy - Starburst, Skittles, Twizzlers, Junior Mints, Hershey Milk
Chocolate Bars (*not with almonds*) and Hershey Kisses
(*not with almonds & not Hugs*), Milk Duds, DOTS, Sour
Patch Kids, and Tootsie Rolls, Ring Pops, Dum Dum
Suckers, Spangler Candy Canes
Jet Puffed Marshmallows
Avanti's – Gondolas
Wowbutter

NOTE: No doughnuts